

THE FAMILY CONNECTION

FALL 2022



CATHOLIC CHARITIES
OF DELAWARE, OTSEGO AND SCHOHARIE COUNTIES
CHILD CARE SERVICES PROGRAM
176 MAIN STREET, ONEONTA NY 13820

(607) 432-0061 FAX: (607) 431-9303
CHILD CARE@CHARITIESCCDO.ORG
WWW.CHARITIESCCDOS.ORG

BECOME A CHILD CARE PROVIDER

Child Care Providers make a difference
in the lives of children
in the families they help and
in the communities where they live

THERE ARE MANY BENEFITS TO BECOMING
A REGISTERED FAMILY CHILD CARE
PROVIDER:

- Be home with and care for your own children
- Save on your own child care costs
- The income from a child care business can help support your family
- Be your own boss
- Help families in your community by offering quality child care

GET STARTED TODAY!

Click on the link to learn more about
starting a child care business:

<https://ocfs.ny.gov/main/childcare/becomeaprovider.asp>

ONE OF OUR DAY CARE SPECIALISTS
CAN HELP YOU THROUGH THE WHOLE
REGISTRATION PROCESS!

Catholic Charities
of Delaware, Otsego and Schoharie Counties
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176 Main Street, Oneonta NY 13820
(607) 432-0061
childcare@charitiesccdo.org



Child Care Assistance

Income Guidelines

Effective 8/1/2022

Day Care Income Standards:

Family Size Standard	300% Standard Income Eligibility
1	\$40,770.00
2	\$54,930.00
3	\$69,090.00
4	\$83,250.00
5	\$97,410.00
6	\$111,570.00
7	\$125,730.00
8	\$139,890.00
+ each extra person	\$14,160.00

To request an application to apply for this program, contact the Otsego County Department of Social Services at (607) 547-1700 or (800) 422-2512. Every effort will be made to arrange a time convenient for you to apply or you can apply by mail.



[@CatholicCharitiesDOS](https://www.facebook.com/CatholicCharitiesDOS)

PARENT EDUCATION OPPORTUNITIES

The Family Service Association

277 Chestnut Street, Oneonta, NY 13820

607-432-2870

www.fsaoneontany.org

Parent education workshops offered to all area parents and caregivers. Topics include information about parenting skills and child and adult development.

Family Resource Network

46 Oneida St. Oneonta, NY 13820

607-432-0001

www.familyrn.org

Serving individuals with disabilities and their families. Visit their website to find upcoming events, training opportunities, newsletter, support groups and additional resources.

Cornell University Cooperative Extension of Schoharie and Otsego Counties

Cooperstown Office

123 Lake Street, Cooperstown, NY 13326

(607) 547-2536

otsego@cornell.edu

Nutrition Education programs that assists income eligible families and youth to improve health.

Southern Tier Independence Center

135 East Frederick Street Binghamton, NY 13904

607-724-2111

-Early Childhood Direction Center: ecdc@stic-cil.org

<http://www.stic-cil.org/ecdc.html>

-Parent Technical Assistance Center ptac@stic-cil.org

<http://www.stic-cil.org/ptac.html>

ZERO TO THREE

Little Kids, Big Questions podcast series addresses some of the most common issues facing parents of babies and toddlers. Series of 12 podcasts. No charge.

Visit www.zerotothree.org

PROVIDER HISTORY AND COMPLAINTS

Did you know you can check your child care provider's compliance history online or by phone?

By Phone:

New York State Office of Children and Family Services
(800) 732-5207 **OR** On-line: www.ocfs.state.ny.us

If you have a concern about a child day care provider or program, and you would like to register a complaint, we encourage you to call:

Child Care Support Services: (607) 432-0061

OR

New York State Office of Children and Family Services
(800) 732-5207

Cheesy Broccoli Tots

Ingredients:

- 1 1/2 cup frozen broccoli florets, thawed
- 1 1/2 cup mashed potatoes
- 1 1/2 cup shredded cheese
- 1/2 cup whole grain breadcrumbs
- 1 egg
- 1 tsp onion powder
- Cooking oil spray

Directions:

1. Preheat oven to 400°F.
2. Chop the broccoli into small pieces.
3. In a large bowl, add all ingredients together and mix until all is well combined. Scoop 1 tbsp of mixture and form into a tot shape, repeat. Line the tots on a greased baking pan. Using the cooking oil spray, spritz each tot with oil.
4. Bake for 25 minutes or until golden brown. Serve warm.

FREE ONLINE CHILD CARE REFERRALS!

Catholic Charities Child Care Support Services has child care referrals available online.

You now have the ability to search for child care any time of the day or night!

You also have access to our online referral packet which includes information to help you make an informed child care decision!

VISIT OUR WEBSITE!
WWW.CHARITIESCCDOS.ORG

TAKE AN ACTIVE ROLE IN CHILD CARE!

Early care and education policy needs your support in order to truly give all children a great start in life.

For more information go to:

www.zerotothree.org

RECALL INFORMATION

For information on the latest safety recalls please visit the OCFS website:

https://ocfs.ny.gov/main/product_recalls.asp