# THE FAMILY CONNECTION

**FALL 2022** 



CATHOLIC CHARITIES
OF DELAWARE, OTSEGO AND SCHOHARIE COUNTIES
CHILD CARE SERVICES PROGRAM
176 MAIN STREET, ONEONTA NY 13820

(607) 432-0061 FAX: (607) 431-9303 CHILDCARE@CHARITIESCCDO.ORG WWW.CHARITIESCCDOS.ORG

# BECOME A CHILD CARE PROVIDER

#### **Child Care Providers make a difference**

in the lives of children in the families they help and in the communities where they live

# THERE ARE MANY BENEFITS TO BECOMING A REGISTERED FAMILY CHILD CARE PROVIDER:

- Be home with and care for your own children
- Save on your own child care costs
- The income from a child care business can help support your family
- Be your own boss
- Help families in your community by offering quality child care

### **GET STARTED TODAY!**

Click on the link to learn more about starting a child care business:

https://ocfs.ny.gov/main/childcare/becomeaprovider.asp

# ONE OF OUR DAY CARE SPECIALISTS CAN HELP YOU THROUGH THE WHOLE REGISTRATION PROCESS!

**Catholic Charities** 

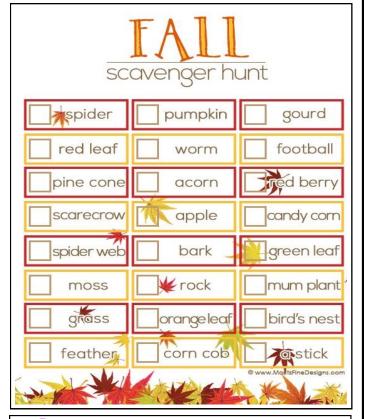
of Delaware, Otsego and Schoharie Counties Child Care Services Program 176 Main Street, Oneonta NY 13820 (607) 432-0061

childcare@charitiesccdo.org





@CatholicCharitiesDOS



## Child Care Assistance

Income Guidelines
Effective 8/1/2022

#### **Day Care Income Standards:**

300% Standard
<b>Income Eligibility</b>
\$40,770.00
\$54,930.00
\$69,090.00
\$83,250.00
\$97,410.00
\$111,570.00
\$125,730.00
\$139,890.00
\$14,160.00

To request an application to apply for this program, contact the Otsego County Department of Social Services at (607) 547-1700 or (800) 422-2512. Every effort will be made to arrange a time convenient for you to apply or you can apply by mail.

## PARENT EDUCATION OPPORTUNITIES

#### The Family Service Association

277 Chestnut Street, Oneonta, NY 13820 607-432-2870

#### www.fsaoneontany.org

Parent education workshops offered to all area parents and caregivers. Topics include information about parenting skills and child and adult development.

#### **Family Resource Network**

46 Oneida St. Oneonta, NY 13820 607-432-0001

#### www.familyrn.org

Serving individuals with disabilities and their families. Visit their website to find upcoming events, training opportunities, newsletter, support groups and additional resources.

#### Cornell University Cooperative Extension of Schoharie and **Otsego Counties**

Cooperstown Office 123 Lake Street, Cooperstown, NY 13326 (607) 547-2536

otsego@cornell.edu

Nutrition Education programs that assists income eligible families and youth to improve health.

#### **Southern Tier Independence Center**

135 East Frederick Street Binghamton, NY 13904 607-724-2111

- -Early Childhood Direction Center: ecdc@stic-cil.org http://www.stic-cil.org/ecdc.html
- -Parent Technical Assistance Center ptac@stic-cil.org http://www.stic-cil.org/ptac.html

#### **ZERO TO THREE**

Little Kids, Big Questions podcast series addresses some of the most common issues facing parents of babies and toddlers. Series of 12 podcasts. No charge.

Visit www.zerotothree.org

#### PROVIDER HISTORY AND COMPLAINTS

Did you know you can check your child care provider's compliance history online or by phone?

#### By Phone:

New York State Office of Children and Family Services (800) 732-5207 OR On-line: www.ocfs.state.ny.us

If you have a concern about a child day care provider or program, and you would like to register a complaint, we encourage you to call:

Child Care Support Services: (607) 432-0061

OR New York State Office of Children and Family Services (800) 732-5207

## Cheesy Broccoli Tots

#### **Ingredients:**

- 1 1/2 cup frozen broccoli florets, thawed
- 1 1/2 cup mashed potatoes
- 1 1/2 cup shredded cheese
- 1/2 cup whole grain breadcrumbs
- 1 tsp onion powder
- Cooking oil spray

#### **Directions:**

- 1. Preheat oven to 400°F.
- 2. Chop the broccoli into small pieces.
- 3. In a large bowl, add all ingredients together and mix until all is well combined. Scoop 1 tbsp of mixture and form into a tot shape, repeat. Line the tots on a greased baking pan. Using the cooking oil spray, spritz each tot with oil.
- 4. Bake for 25 minutes or until golden brown. Serve warm.

# FREE ONLINE CHILD CARE REFERRALS!

Catholic Charities Child Care Support Services has child care referrals available online. You now have the ability to search for child care any time of the day or night!

You also have access to our online referral packet which includes information to help you make an informed child care decision!

## VISIT OUR WEBSITE! WWW.CHARITIESCCDOS.ORG

## TAKE AN ACTIVE ROLE IN CHILD CARE!

Early care and education policy needs your support in order to truly give all children a great start in life.

For more information go to:

www.zerotothree.org

### RECALL INFORMATION

For information on the latest safety recalls please visit the OCFS website:

https://ocfs.ny.gov/main/product\_recalls.asp